



Well & Being Spa Debuts at El San Juan Hotel

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Jeffrey Beers designs fitness-centric facility in Puerto Rico

El San Juan Hotel in Puerto Rico has taken the wraps off its spa and wellness facility following a revamp by Jeffrey Beers Intl. (JBI). Part of a larger renovation of the 388-key hotel, a member of Hilton's Curio collection, the 4,400-sq.-ft. Well & Being spa is comprised of seven treatment rooms and one couples' suite.



The Well & Being spa and wellness facility at El San Juan Hotel. Photo: Courtesy of Trilogy Spa Holdings

To create the spa's interiors, the designers drew inspiration from Puerto Rico's natural elements, incorporating a combination of porcelain, cerused oak, quartz and travertine limestone. A palette of cream, gold, white and turquoise is offset by darker accent floor tiles, while custom artwork, cove lighting and lanterns reference the capital city. A separate 5,000-sq.-ft. fitness center with a 1,900-sq.-ft. outdoor rooftop fitness area was also constructed as part of the project. Dubbed the Functional Fitness Skylab, that rooftop space overlooks the surrounding skyline and pool complex.

Complementing the spa's aesthetic, the new fitness center features what project participants describe as a modern silhouette that blends the historic hotel's 1950s-era character with contemporary Caribbean style. Floor-to-ceiling windows and an open layout create an airy feel within the multi-level space. The fitness center also incorporates a custom-designed indoor/outdoor juice bar, as well as a Live it Well/Wear it Well fitness retail boutique. Managed by Trilogy Spa Holdings, the venue marks the health-centric concept's first beachfront outpost and fourth property overall, joining Well & Being facilities at the Fairmont Scottsdale Princess in Arizona, the Four Seasons Resort and Club Dallas at Las Colinas in Texas, and Red Rock Casino Resort and Spa in Las Vegas.

"The demand for more immersive wellness travel experiences continues to grow, and our partnership with El San Juan Hotel was a natural next step for the brand," says David Stoup, chairman of Trilogy Spa Holdings. "By providing guests with a knowledgeable, supportive and hands-on spa and fitness team, our intent is to inspire our visitors, motivating them to make wellness an engaging, social and educational element of their business trip or leisure vacation."

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